

About Us

Adult Day Health at Easterseals Bluegrass provides supervised, structured activities for adults 18 years and older, with disabilities and/or significant health issues. Services include nursing supervision and care, socialization, therapies, an onsite social worker, and balanced meals.



In compliance with Federal Food Program guidelines, the USDA is an equal opportunity provider and employer. We serve participants equally without regard to race, color, religion or national origin.

More Information



Monday - Friday
7:30 am - 4:30 pm



(859) 399-6262



adh@eastersealsbg.org



1900 Richmond Road
Lexington, KY 40504



<https://www.cardinalhill.org>

*We care for the
ones you love*

 **easterseals**
Bluegrass
Adult Day Health



Requirements for Admission/ Participation

Potential Funding Sources

Offered Activities

Adult Day Health focuses on maintaining or improving the health and functional status of a participant within the limits of his/her impairment and medical condition.

Must be medically stable and not confined to bed.

Must demonstrate behavior that is acceptable in a group setting (no harm to self or others).

Must complete an extensive psychosocial and medical health assessment.

Home and Community Based Waiver (HCB)

Michelle P. Waiver (MP)

Supports for Community Living Waiver (SCL)

Long-Term Care Policies

Private Pay



Exercising

Treadmill or NuStep
Social Skills
Nutrition & Gardening
Sporting Games

Music & Pet Therapies

Orientation
Arts & Crafts
Reading & Writing
Math & Money
Word, Trivia & Board Games

Community Outings

Miracle League Baseball
Holiday Parties
Storytelling
Technology Training
Free Choice